

Swimming  
ASA National Curriculum Training Programme  
Teachers, AOTT's & TA's

Teachers, AOTT's & TA's Course Module 1	Wednesday 5 <sup>th</sup> March 8:30 -4:45pm Thornbury Leisure Centre
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**Cost: FREE**

**Aim of Course:**

To equip delegates to teach a limited range of basic aquatic skills to learners at the non-swimmer, beginner and improver stage.

**Objectives**

- ✂ Familiarisation with TOPs Swim resources
- ✂ Understanding of basic technical knowledge i.e. safe entry & exit, floating, movement, treading water.
- ✂ Key principals related to 3 recognised strokes
- ✂ Use of practices and games to develop technique.
- ✂ Understanding of Health & Safety in the pool environment.

This course comprise of a theory session, swimming practical work in the actual pool, plus working on poolside with children swimming, hence delegates need to be prepared to swim and have the appropriate clothing (swimming practical work is not compulsory in personal cases) although highly recommended.

**Pre Requisite of the Course** Attendance on South Gloucestershire's introduction to school swimming course, or equivalent swimming CPD in the last 3 years

Tutor: Roy Collins

Please note your place on this course is only secure on receipt of a confirmation letter, which will be **e-mailed to your school**. Please do not attend the course without having received this letter. An administrative fee will be charged if delegates fail to attend without 24hrs prior notice.

Swimming  
ASA National Curriculum Training Programme  
Module 1

I wish to attend the following session:

Wednesday 5<sup>th</sup> March 8:30 -4:45pm  
Thornbury Leisure Centre Leisure Centre

Name \_\_\_\_\_

Position in School /Teacher/ TA/ Adult other than teachers (AOTT's) \_\_\_\_\_

Swimming CPD undertaken \_\_\_\_\_

Name of School \_\_\_\_\_

Telephone No \_\_\_\_\_

Signed \_\_\_\_\_

Date \_\_\_\_\_

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**Please return the form ASAP** to: Claire Hayfield, Community Service, The Ridgewood Centre, 244 Station Road, Yate, BS37 4AF  
☎ 01454 868169

✉ [Claire.hayfield@southglos.gov.uk](mailto:Claire.hayfield@southglos.gov.uk)